



Medicine: (*Matricaria*) *Chamomilla*

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Hypothesis by: Masi Elizalde at Escola Kentiana do RJ/ IHJTK, 1989.



Description: its most likely origin is Europe and North America, where it is very common in public gardens. Besides of being ornamental, produces a calming and digestive tea, softens the skin and beautifies the hair. It is one of the oldest herbs that humanity has ever used. In children, it helps to treat worms. As tea, used daily, reduces the muscular pains, menstrual tension, stress and insomnia, diarrhea, inflammation of the urinary tract; mixed with mint tea with honey, combats colds and flu; bathing with chamomile sachet is sedative and restorative and especially for hemorrhoids.

Hypothesis: Envied Divine Attribute - ABSOLUTE GOOD (from nature)

Main themes - RIGHT / ORDER / DESTINY / WRONGED / HONOR / NOT DESERVE / INSULT / DISSATISFACTION / INTEGRITY / CAPRICE

Masi Elizalde - Primary Psora is reflected in the uncertainty of the rational soul of modern man about the existence of God on the historical reality of his past perfection and bliss, and about the future possibility to recover them and be assured of their eternal condition. **Primary Psora Latent** is one in which the correct resolution of conflictive imagination content is ceasing distress, or when it disappears for therapeutic action, allowing, in second step, the equal consideration of imaginative unknown, along with the acquisition of knowledge needed to solve it, prevent its return. **Primary Psora Governing** is one in which the imagination of content is lived with anxiety and is not resolved, or badly resolved. (Elizalde, M. Acta IIAEHJTKent 3, 1985)

Primary Psora Nucleous

Transgression or Guilt - wanted to reach **perfection** by their own strength and not depend on being in the arms of God.

Loss - From the possibility to accept their physiology, to get recovered; to support the reparative functions. From the ability to decide, on the ability to understand, to comprehend, to express himself and act.

Fear of punishment - Living in a hostile world, to which should suit continuously, full of suffering, pain, in need of work, to grow and feed. Nothing can achieve that lost splendor.

Nostalgia - From the time it was sustained by God, when there was the possibility to walk on its own yet (the child only gets calm when loaded in the arms).

Justification - Got mistaken, it is true, but then received a disproportionate punishment, one **insult**; was **wronged**.

Reconciliation - When he accepts his human nature. Calm submission to what feels deeply to be his **destiny** (Hah - 491).

Miasmatic Dynamic

Secondary Psora - Suffering at the expense of his current imperfection; his physiology makes him suffer, not that he doesn't want to have a body (\neq from *Anac. and Kali-c.*). He admits his guilt and



suffering, walking with drooping eyes. All that is harmonic (music) reminds his disharmony. The wind, which can disorder what is ordered, increases his punishment. Very anxious, nothing that he makes seems **right**. Indecisive and insecure to value what is just and what is unjust. Lives the punishment as excessive; as a contempt that in deep down **did not deserve**; as an **injustice**; as an indelible wound to his **honor**. Can not stop talking about unpleasant things that have passed.

Egotrophyc Tertiary Psora - In Egotrofy denies the loss of his **integrity**, makes sure to show how perfect somatically in all his functions. Exalts as his body is perfect, works well, can be, for example, a bodybuilder. The body integrity has its correspondence to other levels and shows itself full, entire, straight, spirited. Respectful and just. Imposes the physical and moral **integrity**; extols the perfection and moral rectitude. Considers others as imperfect beings, inferior to him. He does not realize that he has errors. It is critical, dictatorial. Lives in trying to recover his privileged position. Always unsatisfied: nobody does anything pleasant for him.

Egolytic Tertiary Psora - Does not support his lack of **integrity**. The need for repair and the pain are unbearable for him. The intellect leaves him with loss of ideas and inability to think. Disregard for himself and for his mistakes. Refuses comfort, even from their friends. Completely isolated by himself, enters in a state of indifference to everything around him, lost in a dream world in which nothing or no one can penetrate, reaching catatonia. Submit to what imagines to be his destiny.

Alterlytic Tertiary Psora - Destroys what he perceives as physical or moral imperfection. Rebels against the others, which considers as imperfect and unhealthy beings. Instigates them, despises and finds error in everything. He becomes ruthless, violent, with great difficulty deigns to speak. Violent by pain when contradicted. Throw things, strikes.

Masi Elizalde Considerations (Mar/2000) - *Cham* wanted to reach **perfection** by their own strength and not depend on being in the arms of God (children that must be rocked). The teething, which should be a normal process, without suffering, is extremely painful. He can not perform any physiological function without suffering; everything hurts him, menstruation is terrible, can not repair himself without suffering, suffering with cicatrization. **Integrity** theme (Preternatural Gift) - which is to have the ability to repair himself when hurted, or fulfill perfectly what must be fulfilled by the physiological point of view. He refused the relative **integrity** it was up to him as a human, after the fall. He intended to have the **absolute good** from nature.

Silvana Cominetti Considerations (ACT IAEHJTK n. 7): *Chamomilla* has trouble in appreciating what is fair and unfair, similar to the theme of *Nux vomica*, differing in affective and protective disposition, absent in *Chamomilla*. By a poor appreciation of what is just to do, the **order** of the universe was lost irretrievably. Recalls having received an **insult**, having been humiliated and deeply offended in his **dignity**. Equivocated himself it is true, but received a disproportionate punishment, one **insult**. *Chamomilla* differs from *Staphysagria*, who feels an innocent victim; *Chamomilla* knows that he did what he should not do. *Cham* is extremely sensitive to music, to pain, odor: perceptions associated with unbearable human condition. Do not want consolation, it irritates him and makes him angry. The wind frightens because disorder and reminds him his transgression. Reproves himself all the time, live isolated. Without affection or esteem for himself and for others. Calmed, surrenders, abandons the fight and accepts the inevitable destination.



* GEMASI – No arms satisfies him, no situation pleases, nothing satisfies. (DDL - <i>Rheum</i>)	
Aut.	SYMBOLOGY / MYTHOLOGY
CJ	WIND: Psalms and Koran make from the wind divine messengers, equivalent to angels. In Hindu symbolism, the WIND (vayu) is the cosmic breath, is the verb; It is the sovereign of the subtle domain, intermediate between heaven and earth. In biblical traditions, the WINDS are the breath of God. The breath of God ordered the primitive chaos; animated the first man. The winds are also instruments of Divine Power; they give life, punish, teach; the winds are the manifestation of a Divine Being that want to communicate its emotions, from an early sweetness to the most tempestuous anger. <i>Chamomilla</i> fears the wind because makes her recall her transgression.
OTHER AUTHORS	
HA1	Restlessness tearful; the child wants one thing and another and when they give something, she refuses or then throws away from her (after 4 hours). (AL1-57) The child cannot sit still if it is loaded in the arms. (AL1-61; HE) The child howls unfortunately, when what she wants is refused.
HE	The child is lying senseless, completely without conscience; frequent changes in the face, distortion of eyes, contraction of facial muscles, wheezing, coughing too much; yawns and stretches a lot. The child stretches and bends backwards, kicks his feet when carried, screams immoderately and throws it all away. Child doesn't want to be touched.
BOR	They are hypersensitive children, live intensely the pain, leading them to anger and aggression. The noise also irritates and excites. Are always unsatisfied with anything they are doing, get tired and throw away the objects, ranging from one arms to another and they are thrown up will give a cry of joy and will pull your hair to continue. In the course of the day they are more irritated and excited, difficult to handle, especially after 9 p.m. It is difficult to put them on the bed before midnight; then they take the clothes themselves and sleep. When angry they are flushed over a side of the face. The tooth eruption is more painful at night, with very sensitive gums, swollen and flushing on the eruption side. Inflammation of the gums improving with cold applications and near midnight, worse in hot environment. Nocturnal cramps of children of <i>Chamomilla</i> are followed by gases and are related to what they have eaten. They get better with warm applications. The cramps are accompanied by greenish diarrhea outbreaks. <i>Chamomilla</i> children have very hotheaded often sweaty, hot feet that discover at night. Disobedient and spoiled; because of his temperament, if contradicted, they are cyanotic and can get to the seizure by anger; They can bang their head on the wall to provoke the mother. They may have seizures by tooth eruption.
Aut.	MATERIA MEDICA - THEMES
	THEMATIC 1 - INSULT
HA1 469	Howling on account of a slight, even an imaginary insult, which, indeed, occurred long ago.
HA1 470	Cannot cease talking about old vexatious things (HE)
HA1 471	Suspicion that he may have been insulted. (DDL - <i>Ign, Staph</i>)
HE	Insulting, cross and uncivil in temper. .



THEMATIC 2 - LITIGATION/ IRRITABILITY / DISSATISFACTION	
HA1 383	He chatters unintelligibly in his sleep, directing this or that obstacle to be removed. (AL1-1380)
HA1 390	Quarrelsome, vexatious dreams. (AL1-1344)
HA1461	Lachrymose restlessness; the child wants this thing and the other, and when given anything he refuses it or knocks it away from him. (AL1-57)
HA1 475	Sulky moroseness; everything others do is displeasing to him; no one does anything to please him. (AL1-51; HE)
HA1 479	He cannot stand being talked to or interrupted in his conversation, especially after rising up from sleep, with sluggish pupils that dilate and contract with difficulty. (AL1-59)
AL1 44	Peevish about everything, with dyspnoea
AL1 48	Fretful, out of humor, and obstinate, even to quarrelling, on the appearance of the menses,. (HE-500)
AL1 52	He frets internally about every trifle. (HE-500)
AL1 55	Talks with aversion, in a short, abrupt way. (HE-499)
AL1 57	Great impatience," everything seems to go too slowly. (HE-500)
HE	Tries to get away from her friends if they seek to comfort her. .
HE	Disinclined to talk, is angry if anyone speaks to her.
HE	In all her sufferings there is a vein of ill humor.
HE	She can hardly speak pleasantly; feels like scolding about everything; she often gives vent to her ill humor in spite of all restraint.
HE	Easily chagrined or excited to anger.
HE	Very irritable; moaning and groaning.
HE	Ill-humored and irritable, the whole day.
THEMATIC 3 - MORTIFICATION / CONSCIOUSNESS / RIGHT / CONTEMPT	
HA1 390	Quarrelsome, vexatious dreams. (AL1-1344)
HA1 465	Very anxious; nothing she does seems to her to be right; she is irresolute; at the same time transient heat in the face and cool sweat on the palms of the hands. (AL1-27)
HA1 476	He vexes himself inwardly about every trifle. (AL1-52)
HA1 485	Quarrelsome crossness; she seeks for everything vexatious
HA1 490	She has scruples of conscience about everything. (AL1-31)
AL1 54	Morose, inclined to scorn.
THEMATIC 4 - MELANCHOLY / LAMENT	
HA1 462	With weeping and ill-humour, she complains of sleeplessness on account of bruised pain in all the limbs. (AL1-9)
HA1 464	Lamentable howling of the child when refused what it wanted (AL1-13)
HA1 473	Moroseness after dinner. (AL1-50)
HA1 475	Sulky moroseness; everything others do is displeasing to him; no one does anything to please him. (AL1-51)
HA1 477	He is always morose and disposed to crossness. (AL1-46)
HA1 486	Groaning and moaning from low spirits. (AL1-41)
AL1 12	Involuntary moaning, with heat of the face. (HE)
HE	Melancholy, with constant moaning and muttering to herself, walks all the time with downcast eyes.
THEMATIC 5 - INTOLERANCE OF PAIN / HYPERSENSITIVITY / WIND / TOUCH	
HA1 329	Great dread of the wind. (AL1-20)
HA1 462	With weeping and ill-humour, she complains of sleeplessness on account of bruised pain in all the limbs. (AL1-9)
HA1 480	She cannot bear music. (AL1-313)
HA1 481	Excessively sensitive to all smells. (AL1-354)
AL1 42	The disposition was quiet during the whole day, though the pains sometimes made him very peevish, especially those which involved the joints, and extended along the bones as paralytic and drawing pains; the wrist-pains sometimes seemed intolerable, although they were not very severe, and were transient



HE	Child does not wish to be touched.
HE	Labor pains spasmodic and distressing; tearing pains down legs; she is oversensitive to the pain, wishes to get away from herself
HE	She becomes almost furious about the pain; she cannot bear her clothes to touch the part affected.
HE	Oversensitiveness to pain, which seems unbearable and drives to despair.
<u>THEMATIC 6 - SLEEP / NIGHT PRESENCE / VOICES / INSOMNIA</u>	
HA1 373	Frequent very violent yawning, without sleepiness, with gay activity. (AL1-1306)
HA1 378	When seated by day he feels like to go to sleep, but when he lies down he cannot sleep, but remains awake. (AL1-1338; HE)
HA1 380	Nocturnal sleeplessness, accompanied by attacks of anxiety; very vivid visions and fantastic pictures hover before him. (AL1-1339; HE)
HA1 381	In the drowsy state of awaking he imagines one about him to be quite another (stouter) person.
HA1 382	At night it seems to him as though he heard the voices of absent persons. (HE)
HA1 384	At night, when awake and sitting up in bed, he talks nonsense
HA1 386	Vivid, distinct dreams, as if a story were being acted before him while awake. (AL1-1341)
HA1 387	In his dream he carries on conversations with lively memory and thoughtfulness. (AL1-1345)
HA1 388	Moaning in sleep. (AL1-1321)
HA1 389	Weeping and howling in sleep. (AL1-1323,1325; HA1-393)
HA1 391	His sleep seems to him to be more fatiguing and tiresome; his expression in sleep is gloomy, cross and sad. (AL1-1316)
HA1 396	He has the greatest anxiety in bed, but not when he is out of bed; at the same time the pupils dilate and contract rapidly. (AL1-28)
HE	Imagines he hears voices of absent persons, at nights, cannot compose himself to sleep.
HE	Child awakes three or four times nightly with fearful fright, uttering sudden startling and piercing cries, and vows there is some dreadful beast under the bed or in his room
<u>THEMATIC 7 - DULLNESS / INTELLECTUAL FATIGUE</u>	
HA1 14	Obtuseness of the senses, diminished power of collecting himself. (AL1-70; HE)
HA1 15	Joyless obtuseness of the senses with drowsiness, but without being able to sleep. (AL1-71; HE)
HA1 17	He does not rightly understand a question, and answers wrongly, with low-toned voice, as if he was delirious.(AL1-65)
HA1 19	He understands and comprehends nothing properly, just as if he was prevented doing so by a sort of dulness of hearing, or a waking dream. (AL1-72)
HA1 21	His thoughts leave him. (AL1-67)
HA1 22	When writing and speaking he leaves out whole words. (AL1-66)
AL1 69	Great distraction of mind, even amounting to loss of ideas and inability to reflect earnestly for any length of time, in the afternoon.
AL1 78	When waking, while yet overpowered with sleep, he mistakes familiar persons for quite different ones
<u>THEMATIC 8 - DISTRACTION / INDIFFERENCE</u>	
HA1 20	A state of distraction; he sits as if absorbed in thought. (AL1-68)
HA1 24	Unobservant, inattentive; external things make no impression on him; he is indifferent to everything.
HA1 487	He is silent and does not speak when he is not obliged to answer questions.
HA1 488	She sits stiffly on a chair like a statue, and seems to take no notice of anything about her.
HA1 489	Speaks unwillingly, in disjointed phrases, curtly.
HA1 492	Very reserved; one cannot get a word out of her.
<u>THEMATIC 9 - CALM / SUBMISSION / DESTINY / FATE</u>	
HA1 491	Serious reservedness; calm submission to his profoundly felt fate.
AL1 6	Earnest and taciturn mood; reconciled to his fate, about which he is deeply affected